

AIKIDO SEMINAR WITH PETER SHAPIRO SENSEI



PETER LIVED 20 YEAR IN JAPAN WHERE HE STUDIED AIKIDO WITH O-SENSEI AND HIKITSUCHI-SENSEI

„AIKIDO AS A WAY - AIKIDO AS BUJUTSU, BUDO, AND SHIN-NO-BUDO.“

6. / 7. FEBRUARY 2010

BUJUTSU has to do with the clarity and the success of the technique. Through the study of technique we discover and experience the unity of mind-heart, body, and ki, which develops intuitive action coming from a state of no-mind or no thought. Natural power is developed in the hips (koshi) together with ki and breath (kokyu) „Especially to learn to be able to sense the intent and movement of the partner before they move,“ (O-Sensei) leading to the ability to lead or guide the attacker.

BUDO is to understand bu as an expression of beauty, courage, bravery, wisdom and compassion. It is a way which leads to awakening or enlightenment, - that is, to know the deepest meaning of life, the deepest meaning of oneself, as well as understanding and experiencing the reality of the spiritual. Practice, based on oneness and no opposition or conflict, becomes misogi, purification.

SHIN-NO-BUDO is spiritual vision It is the expression of universal and unconditional love. It is Katsu-Hayai-Bi, no time and no space, and true nothingness. It leads to unification of ones heart with the heart of God, and to be able to see all humankind as one family within the great family of principles and energy which is the Universe.



Photograph by Simon Schneider

SCHEDULE

Saturday 11:00 - 18:00 / Sunday 11:00 - 17:00

COST

CHF 120.-

FOOD & BEAVERAGE

If you can, bring some food/drinks for the group

ACCOMODATION

It is possible to sleep in the Dojo, bring a sleepingbag

REGISTRATION

Registrations in advance are appreciated as places are limited

contact: Luzi Ricklin +41 (0)79 711 44 93

kinonagare.aikido@gmail.com

NOTE

The seminar is held in English and French; with translation into German